

Herb, Spice, and Salt list

Basics Optional Allspice Mint flakes Kosher salt Fennel seeds Red-pepper flakes Ground coriander Ground cayenne Celery seed **Bay leaves** Celery salt Black peppercorns Poppy seeds White pepper Seasoned salt Paprika (sweet and smoked) Creole seasoning Chili powder Turmeric Ground cinnamon Garam Masala Ground cumin Cumin seeds Ground ginger 5-spice powder **Ground nutmeg** Cardamom Ground mustard Mustard seeds **Ground cloves** Whole cloves Garlic powder Cream of tartar

Onion powder Montreal steak seasoning

Thyme Poultry seasoning

Oregano Adobo

Basil Cinnamon sticks

Sage Marjoram

Rosemary Sesame seeds