



Vegetarian Chowder

Ingredients

2 cups cubed peeled potatoes
2 cups vegetable broth
1 cup chopped carrots
1/2 cup chopped onion
1 can (14-3/4 ounces) cream-style corn
1 can (12 ounces) fat-free evaporated milk
3/4 cup shredded reduced-fat cheddar cheese
1/2 cup sliced fresh mushrooms
1/4 teaspoon pepper

Directions

In a large saucepan, combine potatoes, broth, carrots and onion; bring to a boil. Reduce heat; simmer, uncovered, 10-15 minutes or until vegetables are tender.

Add corn, milk, cheese, mushrooms and pepper; cook and stir 4-6 minutes longer or until heated through. Yield: 7 servings (1-3/4 quarts).